



Vincent L. Triggs Elementary School

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Triggs Telegraph

March 2026 Newsletter

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
R 2 Progress Reports Go Home NV Reading Week: Magical Adventures	I 3 NV Reading Week: Sports Adventures	G 4 NV Reading Week: Wacky Adventures	S 5 Literacy Night 5:30 to 7:00 NV Reading Week: Fairy Tale Adventures	V 6 NV Reading Week: Dreaming of Adventure
T 9 Careers on Wheels My future is so bright, I gotta wear SHADES!	R 10 Career Week We're going to college! Wear your college gear.	I 11 Career Week Salute to Service: Celebrate our armed forces by wearing red, white, and blue.	G 12 Career Week Fast Forward to your Future Self: Dress up for your future job.	S 13 End of 3rd Quarter Career Week Triggs Spirit Day: Your future starts here!
16 SPRING BREAK	17 St. Patrick's Day NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20 SPRING BREAK
V 23 Classes Resume 4th Quarter Begins	T 24	R 25 Raising Cane's Fundraiser 4-10 p.m.	I 26 SOT Meeting @ 3:30 p.m.	G 27 SPIRIT DAY Pre-K Family Engagement Day (Spring STEM Workshop)
S 30	V 31 Yearbooks are on sale now for \$20. Order online @ www.buytheyearbook.com and enter school code 730837.	PLEASE NOTE: The front office will be closed for Spring Break.	We will reopen on Monday, March 23 at 7:30 a.m.	Have a safe, restful, Spring Break!



- April 2: Pastries with Parents
- April 3: No School
- April 6: Staff Development Day
- April 7: SBAC Pep Rally (Grades 3-5)
- April 7: April Progress Reports Go Home
- April 8-10: ELA SBAC (Grades 3-5)
- April 10: First Grade Ball
- April 14-15: Math SBAC (Grades 3-5)
- April 21-22: Fifth Grade Science CRT
- April 30-May 1: Triggs ES Spring Musical
- May 11: Volunteer Recognition Breakfast



March is Women's History Month

Click on the links below for some resources and videos about Women's History Month to enjoy as a family:

<https://pbskids.org/videos/playlist/pbs-kids-celebrates-womens-history-month/2026581>

<https://kids.nationalgeographic.com/history/article/womens-history-month>

Is It Bullying?

THIS IS NOT BULLYING! These are small problems.

- Someone says or does something UNINTENTIONALLY harmful and they do it once. This is NOT bullying...IT IS rude!
- People are joking around or playing and someone gets hurt. This is NOT bullying...it is an **accident**.
- Someone is being mean on PURPOSE but it only happens once. This might be bullying...but it's most likely just being mean.
- Two people have a fight or disagreement. This is NOT bullying...it is a peer conflict that will be solved with **conflict resolution**.
- Someone says or does something INTENTIONALLY rude or harmful once, or you do it back. This is NOT bullying...IT IS mean.

THIS IS BULLYING! These are BIG problems. Use **Stop, Walk, Talk** and then report to an adult.

- Someone does something **INTENTIONALLY** mean or harmful and they **keep** doing it, even after you ask them to stop.
- There is an **IMBALANCE OF POWER** between the victim and the bully. (Power = size, strength, ability, popularity or gender)
- A student engages in HARMFUL BEHAVIOR that **REPEATS** (over & over & over...) even when they are told to stop.
- The offender engages in purposeful mean acts toward the **SAME** student repeatedly or a single, severe act.
- The offender encourages other students to leave the student **OUT** or make fun of them!

Peer Conflict vs Meanness vs Bullying

Helping School Communities, Parents & Staff Identify the Key Differences

Sometimes people think that **peer conflict**, **meanness** and **bullying** are the same thing, but they aren't. Peer conflict is a part of everyday experience, which we navigate the complexities of how we interact. Knowing what to look for and learning strategies to handle bullying are crucial for staff members in order to create a positive school culture. Review the comparison below to understand the key differences:

	Definition:	Behavior:	Example:
Peer Conflict	Peer conflict is an argument or disagreement in where both sides express their opposing views.	Equal power between those involved. Generally feels remorse and will change behavior when they realize it is hurting someone.	Ethan and Amy were playing hide and seek and Ethan finds Amy. She accuses Ethan of cheating with his eyes open and an argument ensues.
Meanness	Meanness can be subjective and can be motivated by angry feelings and/or being socially rude (i.e. bluntness). It is not a frequent occurrence.	Equal power between those involved. A one-off situation where the behavior may have the intent to hurt, but nobody else is pulled into the conflict.	Mary tells Anthony that he can't play four square during recess because he is the worst player in the whole third grade.
Bullying	Bullying has the goal to continuously hurt, harm or humiliate with emotional or physical aggression/threats towards a targetted victim(s).	The person who is bullying misuses their power (i.e. older, stronger, popular, etc) and continues behavior when they realize it is hurting someone.	Dan has joined the Computer Club so John calls him a "geek". John also then convinces the other kids in their group to call him "geek".

Sources: <https://www.weareteachers.com/difference-between-meanness-and-bullying>
<https://www.pacer.org/bullying/resources/questions-answered/conflict-vs-bullying.asp>

Fridays are Spirit Day at Triggs Elementary!

We've got spirit, yes we do. We've got spirit—how about you?!



Our Triggs Travelers demonstrate the greatest school spirit. To cheer our school community on, we have implemented weekly Spirit Days every Friday where grade levels compete to see who has the most school spirit. The class with the most students who are wearing the color green or their Triggs shirt win the school Spirit Stick for the week.

If you would like to order some Triggs swag, please click on the link below. You are able to order school shirts, zip up hoodies, pull over hoodies, and much more with multiple Triggs/Tortie designs.

<https://triggs.c4grafx.com/>