



Vincent L. Triggs Elementary School

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Sheila Cooper, Principal

Michelle Schuebel, Assistant Principal



Triggs Telegraph

March 2023 Newsletter

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		S 1	T 2	R 3
Concept of the Week: Tolerance		Voyages @ 8:10 am		Fun Friday
I 6	G 7	S 8	T 9	R 10
Concept of the Week: Commitment Career Week		Voyages @ 8:10 am		
13	14	15	16	17
Concept of the Week: NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	St. Patrick's Day NO SCHOOL
I 20	G 21	S 22	T 23	R 24
Concept of the Week: Resilience Classes Resume		Voyages @ 8:10 am		
I 27	G 28	S 29	T 30	R 31
Concept of the Week: Patience	SBAC Testing Begins Gr. 3-5 S.O.T. Meeting @ 3:30 pm	Voyages @ 8:10 am		

Is It Bullying?

THIS IS NOT BULLYING! These are small problems.

- Someone says or does something UNINTENTIONALLY harmful and they do it once. This is NOT bullying...IT IS rude!
- People are joking around or playing and someone gets hurt. This is NOT bullying...it is an **accident**.
- Someone is being mean on PURPOSE but it only happens once. This might be bullying...but it might just be mean.
- Two people have a fight or disagreement. This is NOT bullying...it can be solved with a **conflict resolution**.
- Someone says or does something INTENTIONALLY rude or harmful once, or you do it back. This is NOT bullying...IT IS mean.

THIS IS BULLYING! These are BIG problems. Use Stop, Walk, Talk and then report to an adult.

- Someone does something **INTENTIONALLY** mean or harmful and they **keep** doing it, even after you ask them to stop.
- There is an **IMBALANCE OF POWER** between the victim and the bully. (Power= size, strength, ability, popularity or gender)
- A student engages in HARMFUL BEHAVIOR that **REPEATS** (over & over & over...) even when they are told to stop.
- The offender engages in purposeful mean acts toward the **SAME** student repeatedly or a single, severe act.
- The offender encourages other students to leave the student **OUT** or make fun of them!

The Importance of Goals



Research has shown that the simple act of writing a goal greatly increases the chances of accomplishing the goal. If the goal is broken down into action steps and the action steps are tracked, goals have an even greater percentage of success. At school, your student may write their academic and personal goals in a Leadership Notebook® or Portfolio. You will gain a lot of information on how your student is doing if you ask your student to tell you about their goals. The goals chosen are meaningful to your student so be sure to practice Habit 5: Seek First to Understand, Then to Be Understood. Encourage your student to share and post their goals at home, and ask them how you can help and support them in their goals. The Leadership Notebook or Portfolio idea can also be used in your home. Create goals such as reading together, eating dinner at the table, or doing an activity together. Involve everyone in the family in choosing a meaningful goal and action steps. Post the goal and the action steps in a visible place and be sure to track and celebrate progress!



Camp Invention®

Who: Students entering K-6th grade in Fall 2023
What: Spark imagination through STEM!
When: June 19-23 9:00-3:30
Where: Triggs Elementary School
Why: Students will learn to create, collaborate and problem solve through fun hands-on activities!

Click here to register: [Camp Invention Wonder](#)

Email Ms. Chase at chases1@nv.ccsd.net



As a parent or guardian, you know that learning shouldn't stop when students step outside the classroom—but traditional tutoring services aren't accessible to all families.

With Paper™, students get access to free, unlimited, and 24/7 academic support from fully vetted tutors, all from a secure platform. All Paper tutors are experts in their own academic areas, and students can get support across 200-plus subjects in four languages.

Paper encourages students to choose their own path, learn at their own pace, and more actively participate in decisions about their education—reigniting their academic engagement and confidence.

Click the links below for/to:

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[Sign up for a Parent/Guardian Webinar](#)



Yearbooks are on sale now for \$20!
Prices increase to \$25 on 3/24/23. Order online @ www.buytheyearbook.com and enter school code 707698

Forms are available in the Front Office!

Summer Acceleration



Please take a minute to fill out the [Summer Acceleration Google Form](#) to let us know you plan on sending your child to Summer Acceleration.

Attention Triggs Families:

The office will be closed March 13-March 17 for Spring Break.

The office will reopen Monday, March 20 at 7:30 AM.

Have a happy, healthy spring break!